



GUEST ACTIVITY CALENDAR JULY 2026



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Fireside Moments is our MARK of Craft. Join us by the fire for delicious S'mores every evening on the patio outside of Market Café from 6pm-9pm 	 We recommend signing up for activities in advance. Scan the QR code to sign up directly or contact our Concierge team.	1 Please see the Canada Day Brochure for daily events 	2 Make Your Own Postcard 1pm - 2pm Kids Activity Time 3pm - 4pm Bingo 6pm - 7pm Mountain Yoga 7pm - 8pm Family Movie Night 8pm	3 KananaskIDS Camp* 10am - 2pm/5pm Pebble Pals 1pm - 2pm Kids Activity Time 3pm - 4pm Name That Tune 6pm - 7pm Live Music at Fireside 6pm - 9pm Sound Bath 7pm - 8pm Popcorn & PJ's 6pm - 9:30pm	4 Mountain Yoga 7am - 8am KananaskIDS Camp* 10am - 2pm/5pm Slime Lab 1pm - 2pm Kids Activity Time 3pm - 4pm Cocktail Class* 3-4pm Wine Tasting* 4pm-5pm Paint a Pot* 6pm - 7pm Live Music at Fireside 6pm - 9pm Popcorn & PJ's 6pm - 9:30pm	5 Mountain Yoga 7am - 8am Village Rim Guided Walk 9:30am KananaskIDS Camp* 10am - 2pm/5pm Pine Art 11:30am - 12:30pm
6 Peak Power HIIT 7am - 8am Sip & Colour Hour 1pm - 2pm Bracelet Making Bar 3pm - 4pm Sound Bath 7pm - 8pm	7 Summer Crafts 1pm - 2pm Coaster Painting 3pm - 4pm	8 Village Rim Guided Walk 1pm Candle Making* 3pm - 4pm	9 Tie Dye Class* 1pm - 2pm Kids Activity Time 3pm - 4pm Crack the Code: Mountain Adventure 6pm - 7pm Mountain Yoga 7pm - 8pm Family Movie Night 8pm	10 KananaskIDS Camp* 10am - 2pm/5pm Birdhouse Creation Station* 1pm - 2pm Kids Activity Time 3pm - 4pm Trivia Night 6pm - 7pm Live Music at Fireside 6pm - 9pm Sound Bath 7pm - 8pm Popcorn & PJ's 6pm - 9:30pm	11 Mountain Yoga 7am - 8am KananaskIDS Camp* 10am - 2pm/5pm Clay Creations 1pm - 2pm Kids Activity Time 3pm - 4pm Cocktail Class* 3-4pm Wine Tasting* 4pm-5pm Glass Bottle Lantern Making* 6pm - 7pm Live Music at Fireside 6pm - 9pm Popcorn & PJ's 6pm - 9:30pm	12 Mountain Yoga 7am - 8am Village Rim Guided Walk 9:30am KananaskIDS Camp* 10am - 2pm/5pm Slime Lab 11:30am - 12:30pm
13 Peak Power HIIT 7am - 8am Make Your Own Postcard 1pm - 2pm Paint a pot* 3pm - 4pm Sound Bath 7pm - 8pm	14 Birdhouse Creation Station* 1pm - 2pm Village Rim Guided Walk 3pm	15 Pine Art 1pm - 2pm Bingo 3pm - 4pm	16 Bracelet Making Bar 1pm - 2pm Kids Activity Time 3pm - 4pm Name That Tune 6pm - 7pm Mountain Yoga 7pm - 8pm Family Movie Night 8pm	17 KananaskIDS Camp* 10am - 2pm/5pm Outdoor Games 1pm - 2pm Kids Activity Time 3pm - 4pm Candle Making* 6pm - 7pm Live Music at Fireside 6pm - 9pm Sound Bath 7pm - 8pm Popcorn & PJ's 6pm - 9:30pm	18 Mountain Yoga 7am - 8am KananaskIDS Camp* 10am - 2pm/5pm Slime Lab 1pm - 2pm Kids Activity Time 3pm - 4pm Cocktail Class* 3pm - 4pm Wine Tasting* 4pm-5pm Trivia Night 6pm - 7pm Live Music at Fireside 6pm - 9pm Popcorn & PJ's 6pm - 9:30pm	19 Mountain Yoga 7am - 8am Village Rim Guided Walk 9:30am KananaskIDS Camp* 10am - 2pm/5pm Summer Crafts 11:30am - 12:30pm
20 Peak Power HIIT 7am - 8am Sip & Colour Hour 1pm - 2pm Pebble Pals 3pm - 4pm Sound Bath 7pm - 8pm	21 Peak Power HIIT 7am - 8am Summer Crafts 1pm - 2pm Coaster Painting 3pm - 4pm	22 Village Rim Guided Walk 1pm Pine Art 3pm - 4pm	23 Tie Dye Class* 1pm - 2pm Kids Activity Time 3pm - 4pm Crack the Code: Mountain Adventure 6pm - 7pm Mountain Yoga 7pm - 8pm Family Movie Night 8pm	24 KananaskIDS Camp* 10am - 2pm/5pm Slime Lab 1pm - 2pm Kids Activity Time 3pm - 4pm Bingo Night 6pm - 7pm Live Music at Fireside 6pm - 9pm Sound Bath 7pm - 8pm Popcorn & PJ's 6pm - 9:30pm	25 Mountain Yoga 7am - 8am KananaskIDS Camp* 10am - 2pm/5pm Outdoor Games 1pm - 2pm Kids Activity Time 3pm - 4pm Cocktail Class* 3pm - 4pm Wine Tasting* 4pm-5pm Glass Bottle Lantern Making* 6pm - 7pm Live Music at Fireside 6pm - 9pm Popcorn & PJ's 6pm - 9:30pm	26 Mountain Yoga 7am - 8am Village Rim Guided Walk 9:30am KananaskIDS Camp* 10am - 2pm/5pm Sip & Colour Hour 11:30am - 12:30pm
27 Peak Power HIIT 7am - 8am Sensory Stroll 1pm - 2pm Pine Art 3pm - 4pm Sound Bath 7pm - 8pm	28 Birdhouse Creation Station* 1pm - 2pm Make Your Own Postcard 3pm - 4pm	29 Village Rim Guided Walk 1pm Candle Making* 3pm - 4pm	30 Bracelet Making Bar 1pm - 2pm Kids Activity Time 3pm - 4pm Name That Tune 6pm - 7pm Mountain Yoga 7pm - 8pm Family Movie Night 8pm	31 KananaskIDS Camp* 10am - 2pm/5pm Outdoor Games 1pm - 2pm Kids Activity Time 3pm - 4pm Paint a pot* 6pm - 7pm Live Music at Fireside 6pm - 9pm Sound Bath 7pm - 8pm Popcorn & PJ's 6pm - 9:30pm	For guided tours such as stargazing, cross-country skiing, snowshoeing, and more, check out our friends at Kananaskis Outfitters!  Ladies & "Kouples" Date Nights at Kananaskis Country Golf Course — themed 9-hole golf evenings all summer long. Scan the QR code to view dates and register. 	



2026 GUEST ACTIVITIES

*This activity includes a fee. Please note that all activities are subject to change.
Please see our Concierge or Front Desk team for the location of activities.

PARENT SUPERVISION IS REQUIRED FOR THE FOLLOWING ACTIVITIES:

SLIME LAB

Make some slippery, ooey-gooley slime!
Cost: Included in Resort Fee.

MAKE YOUR OWN POSTCARD

A fun activity for the whole family! Create your own handcrafted postcard to either take home as a souvenir or post to someone special.
Cost: Included in Resort Fee.

CLAY CREATIONS

A fun, hands-on workshop where you get to squish, shape, and create your own clay masterpiece to take home.
Cost: Included in Resort Fee.

COASTER PAINTING

Tune in to your creative side as you decorate your own coasters.
Cost: Included in Resort Fee.

SUMMER CRAFTS

A fun-filled lineup of creative summer crafts for all ages!
Cost: Included in Resort Fee.

PINE ART

Burn unique designs into wood slices and create your own Kananaskis keepsake!
Recommended for 12+
Cost: Included in Resort Fee.

BRACELET MAKING BAR

Whether you're a beginner or experienced crafter, enjoy making charm bracelets, friendship bracelets, and loom band creations using a variety of beads, charms, and colourful materials.
Cost: Included in Resort Fee.

VILLAGE RIM GUIDED WALK

Take a guided stroll around the village rim, where you'll experience a picturesque landscape and learn about the area.
Cost: Included in Resort Fee.

NAME THAT TUNE

Come and test your musical knowledge in our take on the classic gameshow.
Prizes to be won!
Cost: Included in Resort Fee.

TRIVIA NIGHT

Test your knowledge on a variety of different subjects. Prizes to be won!
Cost: Included in Resort Fee.

BINGO NIGHT

Join us for a family-friendly Bingo night! Prizes to be won!
Cost: Included in Resort Fee.

CRACK THE CODE: MOUNTAIN ADVENTURE

Dive into a thrilling mountain mystery adventure filled with layered puzzles, hidden clues, and secret codes waiting to be cracked. Work together as you follow each twist and turn toward the final solution.
Cost: Included in Resort Fee.

SIP & COLOUR HOUR

Unwind with a soothing session of mindfulness coloring. Let go of perfection and simply "flow with the colors," embracing creativity as a form of mindfulness. The experience is complemented by a selection of relaxing herbal teas.
Cost: Included in Resort Fee.

SENSORY STROLL

Begin your morning with a guided walk through the hotel's serene grounds. Slow down the pace and gently awaken your senses as you take in the sights, sounds, and scents of the surrounding nature.
Cost: Included in Resort Fee.

CANDLE MAKING*

Learn how to make your very own candle! With different scent and colour combinations, the possibilities are endless.
Cost: \$15 per candle.

GLASS BOTTLE LANTERN MAKING*

Create your own beautiful glass bottle lantern in this hands-on workshop. Learn how to transform recycled bottles into glowing, decorative lanterns using simple tools and creative techniques. All materials are provided—just bring your imagination!
Cost: \$15 per lantern.

PAINT A POT*

A family-friendly evening of painting a plant pot ready for spring. We'll even provide you with the seeds to grow!
Cost: \$15 per pot.

BIRD HOUSE CREATION STATION*

Build, decorate, and take home your very own birdhouse in this hands-on family workshop inspired by the beautiful mountain wildlife that surrounds us.
Cost: \$15 per bird house.

PEBBLE PALS

Get creative and have fun in our Make-a-Rock-Pet class! Kids and adults alike will love turning ordinary rocks into adorable, personalized pets using paint, googly eyes, and other fun decorations. All materials provided—just bring your imagination!
Cost: Included in resort fee

OUTDOOR GAMES

Join us for a fun and energizing Outdoor Obstacle Course filled with balance, coordination, and agility challenges. Perfect for all ages and fitness levels, this active experience is a great way to enjoy the outdoors, stay moving, and have a blast with friends and family!
Cost: Included in resort fee

TIE DYE CLASS*

Join our fun and creative Tie-Dye Making Class where you'll learn how to twist, fold, and dye fabric to create vibrant, one-of-a-kind designs! Perfect for all ages and skill levels, this hands-on workshop provides all materials and step-by-step guidance. Leave with your own unique wearable art and the skills to keep creating at home!
Cost: \$15 per person

CHILDREN'S CREATIVE CENTRE:

Location: Mount Kidd Manor. Open daily from 6am – 11pm

KIDS ACTIVITY TIME (SUPERVISED)

Complimentary childcare for guests. Come and drop the kids off for an hour of fun!
Free play, games, and arts and crafts.
Ages: 4 - 12
Location: Children's Creative Centre in Mount Kidd Manor
Cost: Included in Resort Fee.

KANANASKIDS CAMP (SUPERVISED)*

This fun-packed camp includes games, activities, arts and crafts and outdoor adventures. The fun is endless! Lunch is included.
Ages: 4-12
Location: Children's Creative Centre in Mount Kidd Manor
Cost: Half Day: \$90 per child (10am-2pm) Full Day: \$110 per child (10am-5pm).

POPCORN & P.J'S (SUPERVISED)*

Get the kids comfortable in their favourite pyjamas and have them join us for a supervised movie night!
Ages: 4-12
Location: Children's Creative Centre in Mount Kidd Manor
Cost: \$60 per child.

MOUNTAIN YOGA

Join us for an hour of rest and relaxation!
Recommended for 16+
Cost: Included in Resort Fee.

POWER PILATES

Using body weight, you'll engage and strengthen key muscle groups, improve flexibility, and leave feeling energized and centered. This dynamic class combines Pilates principles with strength-building exercises, focusing on core strength, balance, and posture.
Recommended for 16+
Cost: Included in Resort Fee.

ALPINE SOUND BATH

Immerse yourself in soothing sounds and vibrations that calm the mind, relax the body, and restore balance.
Recommended for 16+
Cost: Included in Resort Fee.

PEAK POWER HIIT

An energizing full-body HIIT workout focused on strength, endurance, and fun for all fitness levels.
Recommended for 16+
Cost: Included in Resort Fee.

COCKTAIL CLASS*

Craft two signature cocktails in an exclusive mixology experience.
Age requirement: 18+
Cost: \$75 per person (Inclusive of Tax & Gratuity).

WINE TASTING*

A guided wine experience with our head sommelier, where flavours unfold and senses linger.
Age requirement: 18+
Cost: \$75 per person (Inclusive of Tax & Gratuity).

OUTLET HOURS

• Forte Restaurant

Sun – Thurs: 7AM – 9PM
Fri – Sat: 7AM – 10PM

• Cedar Room*

Mon – Sun: 5PM - 10PM

• Blacktail Bar*

Mon – Sun: 11:30AM – 12AM

• Little Detour

Mon – Sun: 8AM – 8PM

• Woody's Pub & Patio

Mon – Fri: 4PM – 12AM
Sat – Sun: 2PM – 12AM

• In-Room Dining*

Mon – Sun: 7AM – 11PM

• Market Café*

Mon – Sun: 7AM – 7PM



Please scan the QR code for menu information.



*Hours are subject to change. Please scan the QR code for the most up-to-date information.

TWILIGHT SOAK AT KANANASKIS NORDIC SPA



Disconnect to reconnect at the Kananaskis Nordic Spa. Twilight Soak invites guests to visit the spa daily from 5pm – 9pm, based on availability, with a discounted Hydrotherapy Access rate. Scan the QR code for further details.

