

Mains

CHOOSE 2

ROASTED TURKEY

QUINOA GREEK SALAD (GF)

Cherry tomatoes, turkey, quinoa, cucumber, kalamata olives, feta, oregano dressing.

THE BIG SALAD (V) (GF)

Crisp greens, lentils, corn, radishes, red onion, cherry tomato, cucumber, shredded carrots, toasted quinoa beluga lentils and balsamic vinaigrette.

CAPRESE PANINI (V)

Heirloom tomato, mozzarella di buffalo, pesto olive oil, basil leaves, kalamata dust and Schiacciata bread.

HUMMUS ON THE GO! (VG)

Hummus, kalamata olives, sumac pita chips, carrots and celery sticks.

VEGAN BANH MI SUB (VG)

Marinated soy tofu, pickled carrots and daikon, cucumber, cilantro, ginger shitake mushrooms, vegan mayonnaise and chili oil.

ADVENTURE LUNCHABLE ALSO AVAILABLE IN (GF)

Crackers, grapes, cheddar cheese, roasted turkey, hardboiled egg, snap peas, carrots, cucumbers, hummus dip.

TURKEY CLUB ALSO AVAILABLE IN (GF) SEEDED BREAD

Smoked turkey, bacon, lettuce, tomato, Swiss, honey mustard mayonnaise on whole grain bread.

Snacks

CHOOSE 2

DATE PROTEIN DARK CHOCOLATE CUP (2) (V) (GF)

Contain nuts

ENERGY SQUARES WITH COCONUT (VG)

Contain nuts

HOMEMADE GRANOLA CLUSTERS (BAG) (V)

Contain nuts

HARDBITE CHIPS (VG) (GF)

Desserts

CHOOSE 2

NANAIMO TARTELETTE (V)

Contain nuts

CAKE POP VANILLA AND CHOCOLATE (V)

BAG OF CHOCOLATE CHIP COOKIES (V)

FRUIT CUP (VG) (GF)

Drinks

CHOOSE 2

KOMBUCHA Love potion or ginger

CHOICE OF JUICE

Black River: orange or apple or Oasis: orange, apple, cranberry

POP Ginger ale, 7UP, Pepsi, Diet Pepsi

NORTH WATER

SPARKLING WATER

ADD-ONS

Beers

HIGHWAY 40 PILSNER \$11
HighGrizzly Paw Brewing Co.

WAVE POOL IPA \$13

PHANTOM BUZZ PALE ALE \$11
(Non Alc.), SYC Brewing Co.

MOUNTAIN JOE SHAFT \$13

Wine

RED WINE 750ml \$68
Villa Rocca Cabernet Sauvignon, Sicily, Italy

WHITE WINE 750ml \$64
Villa Rocca Sauvignon Blanc, Sicily, Italy

ROSE 750ml \$79
Fabre en Provence

Sparkling

BENVOLIO PROSECCO, FRIULI, ITALY \$79

VEUVE CLICQUOT CHAMPAGNE, FRANCE
375ml \$88
750ml \$175

VG



Peak Picnic

