

## MAINS

<b>STEEL CUT OATS</b> <span>GF</span> <span>VG</span>	17
Fresh Berries & Brown Sugar	
<b>BLUEBERRY &amp; LEMON GREEK YOGURT PARFAIT</b> <span>GF</span> <span>V</span>	20
Blueberry Compote, Vanilla Granola & Lemon Curd	
<b>OVERNIGHT OATS PARFAIT</b> <span>VG</span>	19
Chia Seeds, Strawberry & Cocoa Nibs	
<b>TRIPLE STACK PANCAKES</b> <span>V</span>	20
Choice of: Berries & Strawberry Coulis, Nutella Cream Sauce or Maple Syrup	
<b>BRIOCHE FRENCH TOAST</b> <span>V</span>	24
Caramelized Pear, Dulce de Leche & Crème Anglaise	
<b>SHORT RIB BREAKFAST POUTINE</b>	29
Fried Potatoes, Cheese Curds, 2 Poached Eggs, Short Rib & Hollandaise Sauce	
◆ <b>THE 'ABLT' SANDWICH</b>	26
Double Smoked Bacon, Fried Egg, Tomatoes, Avocado, Mayo & House Made Sourdough Bread	
◆ <b>EGGS IN PURGATORY</b>	25
2 Eggs Baked in a Basil Tomato Sauce, Extra Virgin Olive Oil, Crispy Prosciutto, Shaved Parmesan & Grilled Focaccia	
◆ <b>IL GRAN CROCCANTE</b>	25
House Made Sourdough Bread, Bechamel, Canadian Bacon, Gruyere Cheese & Sunny Side Up Egg	
<b>HIGH PEAK SALAD</b> <span>GF</span>	34
Hard Boiled Egg, Avocado, Almonds, Blueberries, Goat Cheese, Grilled Chicken, Bacon, Olive Oil, Herbs, Vinaigrette & Balsamic Drizzle	
<b>KANANASKIS PLATE</b>	28
2 Eggs, Bacon, Sausage, Fried Potatoes, Fresh Fruit, Toast, Pancake & Maple Syrup	

## THE OMELETS

◆ <b>TUSCAN</b> <span>V</span>	25
Peppers, Tomato, Zucchini, Herbs, Eggplant Ragù with Goat Cheese & Grilled Focaccia	
◆ <b>NONNA'S</b> <span>GF</span>	26
Lardons, Caramelized Onions, Mushrooms, Gruyere Cheese & Grilled Focaccia	

## THE BENEDICTS

◆ <b>CLASSIC</b>	26
English Muffin & Canadian Bacon	
◆ <b>SMOKED SALMON</b>	28
Homemade Smoked Salmon, Braised Tomato & Herb	
◆ <b>NDUJA &amp; GOAT CHEESE</b>	26
Espelette Pepper & Goat Cheese	

## SIDES

<b>INDIVIDUAL REGULAR OR GREEK YOGURT</b>	5
<b>FRESH FRUIT</b>	9
<b>COLD CEREAL WITH MILK</b>	7
<b>COLD CEREAL WITH MILK &amp; BERRIES</b>	10
<b>SMOKED BACON</b> (4 pieces)	6
<b>TURKEY BACON</b> (4 pieces)	6
<b>CANADIAN BACON</b> (4 pieces)	7
<b>PORK SAUSAGE</b> (4 pieces)	7
<b>CHICKEN APPLE SAUSAGE</b> (3 pieces)	9
<b>SMOKED SALMON</b> (100gr)	20
<b>HOUSE SALAD</b>	12
<b>1 EGG ANY STYLE</b>	4
<b>BREAKFAST POTATOES</b>	6
<b>SAUTÉED MUSHROOMS</b>	11
<b>AVOCADO</b>	8
<b>WHOLE SLICED TOMATO</b>	5
<b>HOLLANDAISE SAUCE</b>	5
<b>SLICE OF CHEDDAR CHEESE</b> (3 pieces)	7
<b>MUFFIN</b>	5
<b>CROISSANT</b>	5
<b>TOAST</b>	4
<b>BAGEL</b>	5
<b>GRILLED FOCACCIA</b> (3 pieces)	5
<b>GLUTEN FREE BREAD OR BAGEL</b>	5
<b>NUTELLA</b>	4
<b>DULCE DE LECHE</b>	4
<b>STRAWBERRY COULIS</b>	4

ALL ITEMS MARKED WITH A ◆ COME WITH CHOICE OF

- CRISPY POTATOES
- HOUSE GREEN SALAD
- SEASONAL FRESH FRUIT

DF DAIRY FREE      VG VEGAN  
GF GLUTEN FREE      V VEGETARIAN

MANY OF OUR DISHES COULD EASILY BE MODIFIED FOR DIETARY CONCERNS OR LIFESTYLE CHOICES. FOR ANY QUESTIONS ON HOW, PLEASE ASK YOUR SERVER.

A 20 % GRATUITY WILL BE INCLUDED FOR GROUPS OF 8 OR MORE.



# BREAKFAST MENU

# TRATTORIA ALPINA