

MAINS

	STEEL CUT OATS GF VG	16
	Fresh Berries & Brown Sugar	
	BLUEBERRY & LEMON	17
	GREEK YOGURT PARFAIT GF V	
	Blueberry Compote, Vanilla Granola & Lemon Curd	
	OVERNIGHT OATS PARFAIT VG	17
	Chia Seeds, Strawberry & Cocoa Nibs	
	TRIPLE STACK PANCAKES V	20
	Choice of: Berries & Strawberry coulis, Nutella Cream Sauce or Maple Syrup	
	BRIOCHE FRENCH TOAST V	22
	Caramelized Pear, Dulce de Leche & Crème Anglaise	
	SHORT RIB BREAKFAST POUTINE	25
	Fried Potatoes, Cheese Curds, 2 Poached Eggs, Short Rib & Hollandaise Sauce	
★	THE "ABLT" SANDWICH	22
	Double Smoked Bacon, Fried Egg, Tomatoes, Avocado, Mayo & House Made Sour Dough Bread	
★	EGGS IN PURGATORY	23
	2 Eggs Baked in a Basil Tomato Sauce, Extra Virgin Olive Oil, Crispy Prosciutto, Shaved Parmesan & Grilled Focaccia	
★	IN GRAN CROCCANTE	24
	House Made Sour Dough Bread, Bechamel, Canadian Bacon, Gruyere Cheese & Sunny Side Up Egg	
	HIGH PEAK SALAD GF	25
	Hard Boiled Egg, Avocado, Almonds, Blueberries, Goat Cheese, Grilled Chicken, Bacon, Olive Oil, Herbs, Vinaigrette & Balsamic Drizzle	
	KANANASKIS PLATE	26
	2 Eggs, Bacon, Sausage, Fried Potatoes, Fresh Fruit, Toast, Pancake & Maple Syrup	

THE OMELETS

- ★
TUSCAN V 23
 Peppers, Tomato, Zucchini, Herbs, Eggplant Ragù
 with Goat Cheese & Grilled Focaccia
- ★
NONNA'S GF 24
 Lardons, Caramelized Onions, Mushrooms,
 Gruyere Cheese & Grilled Focaccia

THE BENEDICTS

★ CLASSIC	24
English Muffin & Canadian Bacon	
★ SMOKED SALMON	26
Homemade Smoked Salmon, Braised Tomato & Herb	
★ NDUJA & GOAT CHEESE	25
Espelette Pepper & Goat Cheese	

SIDES

INDIVIDUAL REGULAR OR GREEK YOGURT	4
FRESH FRUIT	8
COLD CEREAL WITH MILK	7
COLD CEREAL WITH MILK & BERRIES	9
SMOKED BACON (4 pieces)	6
TURKEY BACON (4 pieces)	6
CANADIAN BACON (4 pieces)	6
PORK SAUSAGE (4 pieces)	6
CHICKEN APPLE SAUSAGE (3 pieces)	6
SPANISH CHORIZO	12
SMOKED SALMON (100gr)	18
HOUSE SALAD	12
1 EGG ANY STYLE	3
BREAKFAST POTATOTES	6
SAUTÉED MUSHROOMS	6
AVOCADO	6
WHOLE SLICED TOMATO	4
HOLLANDAISE SAUCE	5
SLICE OF CHEDAR CHEESE (3 pieces)	7
MUFFIN	5
CROISSANT	5
TOAST	4
BAGEL	5
GRILLED FOCACCIA (3 pieces)	5
GLUTEN FREE BREAD OR BAGEL	5
NUTELLA	4
DULCE DE LECHE	4
STRAWBERRY COULIS	4

ALL ITEMS MARKED WITH A COME WITH CHOICE OF

- CRISPY POTATOES
- HOUSE GREEN SALAD
- SEASONAL FRESH FRUIT

DF DAIRY FREE
 VG VEGAN

GF GLUTEN FREE
 V VEGETARIAN

MANY OF OUR DISHES COULD EASILY BE MODIFIED FOR DIETARY CONCERNS OR LIFESTYLE CHOICES. FOR ANY QUESTIONS ON HOW, PLEASE ASK YOUR SERVER.

**A 20 % GRATUITY WILL BE INCLUDED
FOR GROUPS OF 8 OR MORE.**



BREAKFAST MENU

TRATTORIA ALPINA