





# GUEST ACTIVITY CALENDAR AUGUST 2023

| MONDAY                                                                                                                                                                                                               | TUESDAY                                                                                                                                                                           | WEDNESDAY                                                                                                                                                                          | THURSDAY                                                                                                                                                                               | FRIDAY                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       | SATURDAY                                                                                                                                                                                                                                                                                               | SUNDAY                                                                                                                                                                                                                                                         |
|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
|                                                                                                                                                                                                                      | 1<br>KananasKIDS Camp*<br>10am-2pm or 5pm<br><br>Origami Workshop<br>1pm-2pm<br><br>Kid's Activity Time<br>3pm-4pm<br><br>Paint & Sip*<br>6pm-8pm                                 | 2<br>KananasKIDS Camp*<br>10am-2pm or 5pm<br><br>Clay Craft<br>1pm-2pm<br><br>Kid's Activity Time<br>3pm-4pm<br><br>Bingo Night<br>7pm                                             | 3<br>KananasKIDS Camp*<br>10am-2pm or 5pm<br><br>Candle making<br>1pm - 2pm<br><br>Kid's Activity Time<br>3pm-4pm<br><br>Paint & Sip*<br>6pm-8pm<br><br>Popcorn & PJS*<br>6pm-9:30pm   | 4<br>KananasKIDS Fitness<br>8:45am-10am<br><br>Mountain Yoga<br>9am-10am<br><br>KananasKIDS Camp*<br>10am-2pm or 5pm<br><br>Origami Workshop<br>1pm-2pm<br><br>Kid's Activity Time<br>3pm-4pm<br><br>Trivia Night<br>7pm-8pm<br><br>Popcorn & PJs*<br>6pm-9:30pm                                                                                                                                                                                                                                                                                                             | 5<br>KananasKIDS Fitness<br>8:45am-10am<br><br>Mountain Yoga<br>9am-10am<br><br>KananasKIDS Camp*<br>10am-2pm/5pm<br><br>Paint & Plant*<br>1pm-2pm<br><br>Kid's Activity Time<br>3pm-4pm<br><br>Paint & Sip*<br>6pm-8pm<br><br>Popcorn & PJs*<br>6pm-9:30pm<br><br>Magic Show with Steve Hammer<br>7pm | 6<br>KananasKIDS Fitness<br>8:45am-10am<br><br>Mountain Yoga<br>9am-10am<br><br>KananasKIDS Camp*<br>10am-2pm/5pm<br><br>Candle Making<br>1pm-2pm<br><br>Kid's Activity Time<br>3pm-4pm<br><br>Popcorn & PJs*<br>6pm-9:30pm<br><br>Bingo Night<br>7pm-8pm      |
| 7<br>KananasKIDS Fitness<br>8:45am-10am<br><br>Mountain Yoga<br>9am-10am<br><br>KananasKIDS Camp*<br>10am-2pm/5pm<br><br>Clay Craft<br>1pm-2pm<br><br>Kid's Activity Time<br>3pm-4pm<br><br>Movie Night<br>8pm       | 8<br>KananasKIDS Camp*<br>10am-2pm or 5pm<br><br>Nature Crafts<br>1pm-2pm<br><br>Candle making<br>3pm - 4pm<br><br>Kid's Activity Time<br>3pm-4pm<br><br>Trivia Night<br>7pm-8pm  | 9<br>KananasKIDS Camp*<br>10am-2pm or 5pm<br><br>Origami Workshop<br>1pm-2pm<br><br>Candle making<br>3pm - 4pm<br><br>Kid's Activity Time<br>3pm-4pm<br><br>Paint + Sip<br>6pm-8pm | 10<br>KananasKIDS Camp*<br>10am-2pm or 5pm<br><br>Clay Craft<br>1pm-2pm<br><br>Kid's Activity Time<br>3pm-4pm<br><br>Popcorn & PJS*<br>6pm-9:30pm                                      | 11<br>KananasKIDS Fitness<br>8:45am-10am<br><br>Mountain Yoga<br>9am-10am<br><br>KananasKIDS Camp*<br>10am-2pm or 5pm<br><br>Nature Crafts<br>1pm-2pm<br><br>Kid's Activity Time<br>3pm-4pm<br><br>Popcorn & PJs*<br>6pm-9:30pm<br><br>Paint + Sip<br>6pm-8pm                                                                                                                                                                                                                                                                                                                | 12<br>KananasKIDS Fitness<br>8:45am-10am<br><br>Mountain Yoga<br>9am-10am<br><br>KananasKIDS Camp*<br>10am-2pm/5pm<br><br>Paint & Plant*<br>1pm-2pm<br><br>Kid's Activity Time<br>3pm-4pm<br><br>Popcorn & PJs*<br>6pm-9:30pm<br><br>Bingo Night<br>7pm                                                | 13<br>KananasKIDS Fitness<br>8:45am-10am<br><br>Mountain Yoga<br>9am-10am<br><br>KananasKIDS Camp*<br>10am-2pm/5pm<br><br>Origami Workshop<br>1pm-2pm<br><br>Kid's Activity Time<br>3pm-4pm<br><br>Paint & Sip*<br>6pm-8pm<br><br>Popcorn & PJs*<br>6pm-9:30pm |
| 14<br>KananasKIDS Fitness<br>8:45am-10am<br><br>Mountain Yoga<br>9am-10am<br><br>KananasKIDS Camp*<br>10am-2pm/5pm<br><br>Clay Craft<br>1pm-2pm<br><br>Kid's Activity Time<br>3pm-4pm<br><br>Movie Night<br>8pm      | 15<br>KananasKIDS Camp*<br>10am-2pm or 5pm<br><br>Nature Crafts<br>1pm-2pm<br><br>Candle making<br>3pm - 4pm<br><br>Kid's Activity Time<br>3pm-4pm<br><br>Paint & Sip*<br>6pm-8pm | 16<br>KananasKIDS Camp*<br>10am-2pm or 5pm<br><br>Candle Making<br>1pm-2pm<br><br>Kid's Activity Time<br>3pm-4pm<br><br>Bingo Night<br>7pm                                         | 17<br>KananasKIDS Camp*<br>10am-2pm or 5pm<br><br>Origami Workshop<br>1pm-2pm<br><br>Kid's Activity Time<br>3pm-4pm<br><br>Paint & Sip*<br>6pm-8pm<br><br>Popcorn & PJS*<br>6pm-9:30pm | 18<br>KananasKIDS Fitness<br>8:45am-10am<br><br>Mountain Yoga<br>9am-10am<br><br>KananasKIDS Camp*<br>10am-2pm or 5pm<br><br>Kid's Activity Time<br>3pm-4pm<br><br>Bingo Night<br>7pm-8pm<br><br>Popcorn & PJs*<br>6pm-9:30pm                                                                                                                                                                                                                                                                                                                                                | 19<br>KananasKIDS Fitness<br>8:45am-10am<br><br>Mountain Yoga<br>9am-10am<br><br>KananasKIDS Camp*<br>10am-2pm or 5pm<br><br>Kid's Activity Time<br>3pm-4pm<br><br>Popcorn & PJs*<br>6pm-9:30pm<br><br>Paint + Sip*<br>6pm-8pm                                                                         | 20<br>KananasKIDS Fitness<br>8:45am-10am<br><br>Mountain Yoga<br>9am-10am<br><br>KananasKIDS Camp*<br>10am-2pm or 5pm<br>Kid's Activity Time<br>3pm-4pm<br><br>Trivia Night<br>7pm-8pm<br><br>Popcorn & PJs*<br>6pm-9:30pm                                     |
| 21<br>KananasKIDS Fitness<br>8:45am-10am<br><br>Mountain Yoga<br>9am-10am<br><br>KananasKIDS Camp*<br>10am-2pm or 5pm<br><br>Kid's Activity Time<br>3pm-4pm<br><br>Paint + Sip*<br>6pm-8pm<br><br>Movie Night<br>8pm | 22<br>KananasKIDS Camp*<br>10am-2pm or 5pm<br><br>Candle Making<br>1pm-2pm<br><br>Kid's Activity Time<br>3pm-4pm<br><br>Trivia Night<br>7pm                                       | 23<br>KananasKIDS Camp*<br>10am-2pm or 5pm<br><br>Origami Workshop<br>1pm-2pm<br><br>Kid's Activity Time<br>3pm-4pm<br><br>Paint + Sip*<br>6pm-8pm                                 | 24<br>KananasKIDS Camp*<br>10am-2pm or 5pm<br><br>Clay Craft<br>1pm-2pm<br><br>Candle making*<br>3pm - 4pm<br><br>Kid's Activity Time<br>3pm-4pm<br><br>Popcorn & PJS*<br>6pm-9:30pm   | 25<br>KananasKIDS Fitness<br>8:45am-10am<br><br>Mountain Yoga<br>9am-10am<br><br>KananasKIDS Camp<br>10am-2pm or 5pm<br><br>Kid's Activity Time<br>3pm-4pm<br><br>Paint + Sip*<br>6pm-8pm<br><br>Popcorn & PJs*<br>6pm-9:30pm                                                                                                                                                                                                                                                                                                                                                | 26<br>KananasKIDS Fitness<br>8:45am-10am<br><br>Mountain Yoga<br>9am-10am<br><br>KananasKIDS Camp<br>10am-2pm or 5pm<br><br>Paint + Plant<br>1pm-2pm<br><br>Kid's Activity Time<br>3pm-4pm<br><br>Bingo Night<br>7pm-8pm<br><br>Popcorn & PJs*<br>6pm-9:30pm                                           | 27<br>KananasKIDS Fitness<br>8:45am-10am<br><br>Mountain Yoga<br>9am-10am<br><br>KananasKIDS Camp<br>10am-2pm or 5pm<br><br>Origami Workshop<br>1pm<br><br>Kid's Activity Time<br>3pm-4pm<br><br>Paint + Sip*<br>6pm-8pm<br><br>Popcorn & PJs*<br>6pm-9:30pm   |
| 28<br>KananasKIDS Fitness<br>8:45am-10am<br><br>Mountain Yoga<br>9am-10am<br><br>Candle Making<br>1pm-2pm<br><br>KananasKIDS Camp<br>10am-2pm or 5pm<br><br>Kid's Activity Time<br>3pm-4pm<br><br>Movie Night<br>8pm | 29<br>KananasKIDS Camp*<br>10am-2pm or 5pm<br><br>Clay Craft<br>1pm-2pm<br><br>Kid's Activity Time<br>3pm-4pm<br><br>Paint & Sip*<br>6pm-8pm                                      | 30<br>KananasKIDS Camp*<br>10am-2pm or 5pm<br><br>Origami Workshop<br>1pm-2pm<br><br>Kid's Activity Time<br>3pm-4pm<br><br>Trivia Night<br>7pm-8pm                                 | 31<br>KananasKIDS Camp*<br>10am-2pm or 5pm<br><br>Nature Crafts<br>1pm-2pm<br><br>Kid's Activity Time<br>3pm-4pm<br><br>Paint & Sip*<br>6pm-8pm<br><br>Popcorn & PJS*<br>6pm-9:30pm    |  <p>Fireside Moments is our MARK of Craft.</p> <p>Join us nightly by the fire for delicious S'mores and beverages between 6pm-9pm on the patio outside of Market Café.</p> <p>We highly recommend signing up for activities in advanced You may do so on our website, by phone, or our concierge will be more than happy to assist you. The QR code will take you directly to our sign up page.</p>  |                                                                                                                                                                                                                                                                                                        |                                                                                                                                                                                                                                                                |

# AUGUST 2023 GUEST ACTIVITIES

\*This activity includes a registration fee. Please note that all activities are subject to change.

## BINGO NIGHT

Come join us for a Bingo night! A fun activity for everyone. Lots of fun prizes to be won!  
Location: Seasons Room in Crosswaters Resort  
Cost: Included in resort fee

## CANDLE MAKING

Come learn how to make your very own candle! With different scent and color combinations the possibilities are endless  
Location: Seasons room in Crosswaters Resort  
Cost: Included in resort fee

## CHILDREN'S ACTIVITY TIME (SUPERVISED)

Complimentary childcare for guests. Join us for an hour of fun games and activities!  
Ages: All Ages  
Location: Children's Creative Centre in Mount Kidd Manor  
Cost: Included in resort fee

## CLAY CRAFT

Spend some time with family doing various spring crafts  
Location: Seasons room in Crosswaters Resort  
Cost: Included in resort fee

## FAMILY PAINT NIGHT\*

Fun for the whole family. You'll go from a blank canvas to a masterpiece of your own.  
Location: Seasons room in Crosswaters Resort  
Cost: \$35 per adult, \$15 per child. Beverages available for purchase (Wine, Soft Drinks)

## KANANASKIDS CAMP (SUPERVISED)\*

This fun packed camp includes games, activities, arts + crafts and outdoor adventures. The fun is endless! (Lunch is included.)  
Ages: 2-12  
Location: Children's Creative Centre in Mount Kidd Manor  
Half Day: \$70 (10am - 2pm) Full day: \$90 (10am - 5pm)

## KANANASKIDS FITNESS (SUPERVISED)

Get your kid's day started on right foot! An amazing energy outlet while you are off relaxing at yoga.  
Recommended for ages 5+. Reservations required.  
Location: Children's Creative Centre in Mount Kidd Manner  
Cost: Included in resort fee

## LIVE MUSIC

Enjoy live music on select dates

## MOUNTAIN YOGA

Join us for an hour of rest and relaxation!  
Location: Meet at Seasons Room in Cross Waters Resort  
Included in resort fee

## MOVIE MONDAYS

Watch Hollywood blockbusters filmed right here in Kananaskis!  
Location: Seasons room in Cross Waters Resort  
Included In resort fee

## ORIGAMI WORKSHOP

Learn some origami basics! Come join this guided workshop where we walk you through some of the most popular designs.  
Location: Seasons Room in Crosswaters Resort  
Cost: Included in resort fee

## PAINT & PLANT\*

A great way to hop into spring! Come join us for a family-friendly afternoon painting and planting. Plant your very own seeds and take them home in a customized terracotta pot!  
Location: Seasons Room in Crosswaters Resort  
Cost: \$25 per person

## PAINT & SIP\*

Join us for a relaxing evening of painting and delicious beverages!  
Ages: Recommended for 18+  
Location: Seasons room in Crosswaters Resort  
Cost: \$40 per person. Wine available for purchase

## POPCORN & PJ'S (SUPERVISED)\*

Wear your favorite Pyjamas and join us for a movie night!  
Ages: All Ages  
Location: Children's Creative Centre in Mount Kidd Manor  
Cost: \$35 per child

## TRIVIA NIGHT

Test your knowledge about Canada and the Beautiful Rockies!  
Location: Seasons Rooms in Cross Waters Resort  
Cost: Included in resort fee

## CHILDREN'S CREATIVE CENTRE:

Located: Mount Kidd Manor Open daily from 9am - 10pm

## GAMES ROOM, FITNESS CENTRE & WATERPARK/HOT TUB:

Open daily from 6am - 11pm

## SPORTS EQUIPMENT: SIGNED OUT FROM BELL DESK

Basketball, Soccer, Football, Tennis, Baseball, Bocce ball, + Badminton

## DINING DETAILS



- In-Room Dining
- Forte Restaurant
- Blacktail Bar
- Market Café
- Cedar Room
- Cedar Private Room
- Woody's Pub & Patio

For hours of operation, please connect with a team member or visit one of our interactive TV's in the main lodge.

## Twilight Soak at Kananaskis Nordic Spa

Disconnect to reconnect at the Kananaskis Nordic Spa. Twilight Soak invites guests to visit the spa daily from 6pm - 9pm, based on availability, with a discounted Hydrotherapy Access rate. Scan the QR code for details.



## EXPLORE KANANASKIS



Looking for some winter adventures in the Kananaskis Valley? Visit Explore Kananaskis for a variety of hiking trails and activities in the surrounding area.

## TAG US IN YOUR ADVENTURES

@KANANASKISLODGE  
@EXPLOREKANANASKIS

