



# KANANASKIS ACTIVITIES

## SEPTEMBER

## HAPPENINGS

### DINE WITH US

---

#### BLACKTAIL BAR

Enjoy a delicious burger and refreshing cocktail on our patio overlooking Mount Kidd.

#### FORTE RESTAURANT

Join us for delicious, Italian style meals, in a casual and sophisticated space.

#### CEDAR ROOM

Enjoy premium cuts of Canadian beef carefully crafted and without compromise.

#### MARKET CAFÉ

Discover your one stop shop for on the go breakfast, lunch, and fresh snacks.

#### TWO TREES BISTRO *located in Kananaskis Nordic Spa*

In between your rounds of hydrotherapy enjoy the delicious offerings paired with stunning views.

#### WOODY'S PUB & PATIO *located in Mount Kidd Manor*

Unwind after a long day of adventuring and raise a pint of locally crafted beer.

Hours of operation vary.

Please connect with one of our team members for more information or to book a reservation for Cedar Room or Forte Restaurant.

### RELAX & UNWIND

---

#### MOUNTAIN YOGA\*

Connect with Concierge for location  
\$15, includes mat, towel and water  
All levels welcome!

#### TUESDAYS

6:00PM - 7:00PM

#### SATURDAYS

5:00PM - 6:00PM

#### ADDITIONAL SERVICES

*Please note that these are third party services.*

#### BABYSITTING

Please connect with our Family Services Team to organize Babysitting.

#### DOG SITTING

Please connect with our Concierge or Family Activities Team to organize Dog Sitting.

#### CONNECT WITH US



@kananaskislodge

#### VISIT US ONLINE

[lodgeatkananaskis.com](http://lodgeatkananaskis.com)

#### BOOK YOUR ACTIVITIES

[familyactivities@lodgeatkananaskis.com](mailto:familyactivities@lodgeatkananaskis.com)



# KANANASKIDS

All KanasKIDS activities excluding Little Chef are complimentary for children 4+ and includes childcare.

## FRIDAYS

### ANCIENT PATHWAYS\*

10:00AM - 12:00PM

Children's Creative Centre

Engage in role playing games, First Nation inspired activities and create unique crafts to take home!

### LITTLE GUIDE\*

2:00PM - 4:00PM

Children's Creative Centre

Test your survival skills in the great outdoors!

### AMAZING RACE

3:00PM - 5:00PM

Children's Creative Centre

Recommended for ages 10+  
Make new friends and expand your knowledge about Kananaskis Country.

### FAMILY SOCIAL MIXER

7:00PM - 9:00PM

Children's Creative Centre

We are inviting your entire family for a Friday Night Shindig!  
We have games, music, karaoke, movies and more.

## SATURDAYS

### KANANACTIVE\*

10:00AM - 12:00PM

Children's Creative Centre

Take part in energy-burning games that get your body moving and warmed up for a day of adventure.

### LITTLE CHEF\*

2:00PM - 4:00PM

Children's Creative Centre

\$25 per Child, Childcare Included  
Make your own pizza in Forte Restaurant's wood fire ovens.

## SUNDAYS

### THE WOOD THEATRE\*

10:00AM - 12:00PM

Children's Creative Centre

We're bringing theatre into the woods! Create your own magical world with costumes and puppetry.

### WARRIOR TRAINING\*

2:00PM - 4:00PM

Children's Creative Centre

Spend the day with our skilled team to become the ultimate warrior.

## ALL WEEKEND LONG

### HAPPY TRAILS DAYCARE\*

Friday, Saturday & Sunday

12:00PM - 7:00PM

Children's Creative Centre

Kids 1 - 12 years old

\$15/hour for one child

\$5/hour per additional child to a maximum of 4 children (\$30)

## ALL WEEK LONG

### SCAVENGER HUNT

Available Anytime

Takes approximately an hour to complete and recommended for the whole family

Pick it up from Concierge or the Children's Creative Centre

### FIRESIDE MOMENTS

DAILY

8:00PM - 10:00PM

Patio outside of Market Café



The Children's Creative Centre is located in Mount Kidd Manor

\*Please register for these activities with Family Activities, Concierge or Online at [lodgeatkananaskis.com](http://lodgeatkananaskis.com)